

Lunch | September 2 - 8, 2019



	Monday 2-Sep	Tuesday 3-Sep	Wednesday 4-Sep	Thursday 5-Sep	Friday 6-Sep	Saturday 7-Sep	Sunday 8-Sep
	Tortellini Bar Cheese Tortellini, Prosciutto, Peas, Onions, Garlic, Creamy Alfredo, and Parmesan Cheese -- Served with Garlic Bread	Jin's Stir Fry White or Brown Rice, Peas, Water Chestnuts, Nappa Cabbage, Red Cabbage, Baby Corn, Carrots, Bean Sprouts, Broccoli, Onions, and Garlic -- Your choice of Chicken, Shrimp, or Tofu	Chicken Quesadilla Chicken, Pico de Gallo, Shredded Cheese, Chipotle Sauce, Sour Cream, Guacamole, and Salsa Verde --- Ranch Chips -- Vegetarian Friendly	Pho Bar Beef or Mushroom Pho Broth with ramen noodles, asian marinated beef, roasted mushrooms, bean sprouts, jalapenos, cabbage, sliced onions, sriracha, soy sauce, scallions	Caesar Bar Crisp Romaine, Garlic Croutons, Parmesan Cheese, Cherry Tomatoes, and Creamy Caesar Dressing with your choice of Grilled Chicken or Steak	Waffle Bar A whole waffle with hot strawberry topping, hot apple topping, whipped cream, and with 2 slices of bacon -- Butter and maple syrup also available	Omelet station Variety of toppings and cheese Fruit and yogurt bar Bagel bar including flavored cream cheeses Gluten free bagels available
	Fried Chicken Bar Buttermilk Marinated Fried Chicken or <i>Gardein</i> vegan wings; choice of sauce; comes with carrots, celery, ranch or blue cheese dressing, choice of side: French fries, pasta salad, Bacon and broccoli ranch salad	Mac and Cheese Bar Regular or Vegan** mac and cheese, BBQ Pork, Tex-Mex ground beef, or roasted chicken with assorted toppings to include hot peppers and onions, bacon, scallions, peas, shredded cheese, crispy onions, broccoli, jalapenos, tomatoes, and artichokes - Vegetarian friendly	Poblano's burrito bar Diced grilled chicken, crispy sriracha tofu, or spicy beef with black or refried beans your choice of cilantro-lime rice or brown rice, and assorted toppings made into your choice of 2 tacos, burrito, nachos, or burrito bowl - vegan and GF friendly	Baked Potato Bar Salt Crusted Jumbo Russet Potato with your choice of protein; Sliced Beef Brisket, Tuscan Grilled Chicken, or Vegan Bean Chili Toppings include: Cheddar Cheese, Scallions, Bacon, Sour Cream, Diced Onions, Diced Tomatoes, Shredded Carrots, Jalapenos, and Roasted Corn	Fried Chicken Bar Buttermilk Marinated Fried Chicken or <i>Gardein</i> vegan wings; choice of sauce; comes with carrots, celery, ranch or blue cheese dressing, choice of side: French fries, pasta salad, Bacon and broccoli ranch salad	Mac and Cheese Bar Regular or Vegan** mac and cheese, BBQ Pork, Tex-Mex ground beef, or roasted chicken with assorted toppings to include hot peppers and onions, bacon, scallions, peas, shredded cheese, crispy onions, broccoli, jalapenos, tomatoes, and artichokes - Vegetarian friendly	Poblano's burrito bar Diced grilled chicken, crispy sriracha tofu, or spicy beef with black or refried beans your choice of cilantro-lime rice or brown rice, and assorted toppings made into your choice of 2 tacos, burrito, nachos, or burrito bowl - vegan and GF friendly
	Blackened Tilapia with Fresh Lemon and Tartar Sauce	Potato Crusted Pork Schnitzel with Pickled Cauliflower Cole Slaw	Chicken and Dumplings**	Hand-breaded Buttermilk Marinated Chicken Tenderloins (2)**	Texas Braised Boneless Pork Ribs	Assorted Pastry Bar	Assorted Pastry Bar
	Blackened Tofu Bites with Fresh Lemon Wedges Spanish Rice Roasted Garlic Zucchini Vegetable Medley	Crisp Vegetable and Garbanzo Stuffed Nori Wraps with Cashew Cream Potato Pancakes Braised Collard Greens Caramelized Button Mushrooms	<i>Gardein</i> Chicken and Dumplings Mashed Potatoes** Stewed Green Beans Roasted Sweet Corn	BBQ Tofu Bites Macaroni and Cheese** Beans with Caramelized Onions Roasted Broccoli	<i>Beyond</i> Meatballs with Pepper and Onions Jalapeno Cheddar Muffins** Braised Collard Greens Vegetable Medley	Seasonal Donuts, House Baked Danishes, Muffins, and Breakfast Breads	Seasonal Donuts, House Baked Danishes, Muffins, and Breakfast Breads
	Pizza Bar Chef's Daily Pasta Marinara Sauce Pasta	Pizza Bar Chef's Daily Pasta Alfredo Sauce** Pasta	Pizza Bar Chef's Daily Pasta Marinara Sauce Pasta	Pizza Bar Chef's Daily Pasta Alfredo Sauce** Pasta	Pizza Bar Chef's Daily Pasta Marinara Sauce Pasta	Pizza Bar Chef's Daily Pasta Alfredo Sauce** Pasta	Pizza Bar Chef's Daily Pasta Marinara Sauce Pasta
	Hamburgers Turkey Burgers Battered Fish "Beyond" Burger Fries BBQ, Cajun, and Garlic and Herb Spices for Fries	Grilled Chicken Blackened Chicken Crispy Chicken Vegetable Burger Fries BBQ, Cajun, and Garlic and Herb Spices for Fries	BBQ Pork - Hickory BBQ Pork - Honey Sriracha Roasted Half Chicken Sweet BBQ Tofu Fries BBQ, Cajun, and Garlic and Herb Spices for Fries	Grilled cheese** Gourmet grilled cheese** Vegan grilled cheese Tomato bisque Fries BBQ, Cajun, and Garlic and Herb Spices for Fries	Jumbo All Beef Hot Dogs Italian sausages Sloppy Joe <i>Gardein</i> Italian Sausage Fries BBQ, Cajun, and Garlic and Herb Spices for Fries	Hamburgers Turkey Burgers Fried Chicken Patties Scrambled Cage Free Eggs Western Tofu Scramble Biscuits/Sausage Gravy Tater Tots	Grilled Chicken BBQ Pork Fried Chicken Patties Scrambled Cage Free Eggs Western Tofu Scramble Biscuits/Sausage Gravy Tater Tots
	Roasted chicken Italian farro salad Caesar salad	Curry turkey salad Lemon and artichoke barley salad Greek marinated vegetables	Grilled chicken Cauliflower cous cous tabouleh Hummus	Tuna salad Macaroni salad Kale and apple salad	Buffalo chicken salad German potato salad Brussels sprout caesar	Grilled chicken Italian pasta salad Caesar salad	Grilled chicken Italian pasta salad Caesar salad
	GLUTEN FREE	GLUTEN FREE/VEGETARIAN	GLUTEN FREE/VEGAN	VEGAN	VEGETARIAN	CONTAINS DAIRY**	