

# Lunch | September 16 - 22



	Monday 16-Sep	Tuesday 17-Sep	Wednesday 18-Sep	Thursday 19-Sep	Friday 20-Sep	Saturday 21-Sep	Sunday 22-Sep
	<b>Pesto Pasta</b> Linguini Pasta tossed with Garlic, Mushrooms, Grape Tomatoes, Red Onions, Kalamata Olives, and Basil Pesto Sauce	<b>Fajitas</b> Fajita Chicken, Beef, or Vegan Beef with Peppers, Onions, Crumbled Cotija Cheese, Chipotle Sauce, and Salsa on Flour Tortillas with Ranch Chips	<b>Tater Tot Bar</b> Tater Tots, Shredded Beef, Vegan Beef, Gravy, Queso, Shredded Cheese, Tomatoes, Olives, Jalapenos, Scallions, Bacon, Sour Cream, and Fresh Rosemary	<b>Pho Bar</b> Beef or Mushroom Pho Broth with ramen noodles, asian marinated beef, roasted mushrooms, bean sprouts, jalapenos, cabbage, sliced onions, sriracha, soy sauce, scallions	<b>Nachos Grande</b> Fajita Chicken, Black Beans, Queso, Jalapenos, Sour Cream, Shredded Cheese, Chopped Bacon, Cilantro, Pico de Gallo, and Corn Salsa	<b>Waffle Bar</b> A whole waffle with hot strawberry topping, hot apple topping, whipped cream, and with 2 slices of bacon -- Butter and maple syrup also available	Omelet station Variety of toppings and cheese Fruit and yogurt bar Bagel bar including flavored cream cheeses Gluten free bagels available
	<b>Fried Chicken Bar</b> Buttermilk Marinated Fried Chicken or <i>Gardein</i> vegan wings; choice of sauce; comes with carrots, celery, ranch or blue cheese dressing, choice of side: French fries, pasta salad, Bacon and broccoli ranch salad	<b>Mac and Cheese Bar</b> Regular or Vegan** mac and cheese, BBQ Pork, Tex-Mex ground beef, or roasted chicken with assorted toppings to include hot peppers and onions, bacon, scallions, peas, shredded cheese, crispy onions, broccoli, jalapenos, tomatoes, and artichokes - Vegetarian friendly	<b>Poblano's burrito bar</b> Diced grilled chicken, crispy sriracha tofu, or spicy beef with black or refried beans your choice of cilantro-lime rice or brown rice, and assorted toppings made into your choice of 2 tacos, burrito, nachos, or burrito bowl - vegan and GF friendly	<b>Baked Potato Bar</b> Salt Crusted Jumbo Russet Potato with your choice of protein; Sliced Beef Brisket, Tuscan Grilled Chicken, or Vegan Bean Chili Toppings include; Cheddar Cheese, Scallions, Bacon, Sour Cream, Diced Onions, Diced Tomatoes, Shredded Carrots, Jalapenos, and Roasted Corn	<b>Fried Chicken Bar</b> Buttermilk Marinated Fried Chicken or <i>Gardein</i> vegan wings; choice of sauce; comes with carrots, celery, ranch or blue cheese dressing, choice of side: French fries, pasta salad, Bacon and broccoli ranch salad	<b>Mac and Cheese Bar</b> Regular or Vegan** mac and cheese, BBQ Pork, Tex-Mex ground beef, or roasted chicken with assorted toppings to include hot peppers and onions, bacon, scallions, peas, shredded cheese, crispy onions, broccoli, jalapenos, tomatoes, and artichokes - Vegetarian friendly	<b>Poblano's burrito bar</b> Diced grilled chicken, crispy sriracha tofu, or spicy beef with black or refried beans your choice of cilantro-lime rice or brown rice, and assorted toppings made into your choice of 2 tacos, burrito, nachos, or burrito bowl - vegan and GF friendly
	<b>Garlic Parmesan Chicken</b>	<b>Glazed Pork Belly Bits</b>	<b>Shrimp Scampi</b>	<b>Hand-breaded Buttermilk Marinated Chicken Tenderloins (2)**</b>	<b>Tandoori Chicken Drumsticks**</b>	<b>Assorted Pastry Bar</b>	<b>Assorted Pastry Bar</b>
	<b>Latin Stewed Lentils and Black Beans</b> Baked Sweet Potato Grilled Asparagus Broccoli	<b>Eggplant Parmesan</b> Sesame Asian Corn Root Vegetable Blend Green Beans	<b>Button Mushroom and Tofu Scampi</b> Garlic and Herb Noodles Honey Glazed Baby Carrots Vegetable Medley	<b>BBQ Tofu Bites</b> Macaroni and Cheese Beans with Caramelized Onions Roasted Broccoli	<b>African Spiced Bean and Carrot Stew</b> Roasted Garlic Potatoes Squash Medley Indian Cauliflower	Seasonal Donuts, House Baked Danishes, Muffins, and Breakfast Breads	Seasonal Donuts, House Baked Danishes, Muffins, and Breakfast Breads
	<b>Pizza Bar</b> Chef's Daily Pasta Marinara Sauce Pasta	<b>Pizza Bar</b> Chef's Daily Pasta Alfredo Sauce** Pasta	<b>Pizza Bar</b> Chef's Daily Pasta Marinara Sauce Pasta	<b>Pizza Bar</b> Chef's Daily Pasta Alfredo Sauce** Pasta	<b>Pizza Bar</b> Chef's Daily Pasta Marinara Sauce Pasta	<b>Pizza Bar</b> Chef's Daily Pasta Alfredo Sauce** Pasta	<b>Pizza Bar</b> Chef's Daily Pasta Marinara Sauce Pasta
	Hamburgers Turkey Burgers Battered Fish "Beyond" Burger Fries BBQ, Cajun, and Garlic and Herb Spices for Fries Lettuce, tomato, sliced onion, pickles, cheddar cheese, tartar sauce, sliced lemon wedges -- Hamburger buns	Grilled Chicken Blackened Chicken Crispy Chicken Vegetable Burger Fries BBQ, Cajun, and Garlic and Herb Spices for Fries Pickles, lettuce, tomato, crispy onions, cole slaw -- Potato buns	BBQ Pork - Hickory BBQ Pork - Honey Sriracha Roasted Half Chicken Sweet BBQ Tofu Fries BBQ, Cajun, and Garlic and Herb Spices for Fries Lettuce, tomato, sliced onion, pickles, cheddar cheese, cole slaw -- Hamburger buns	Grilled cheese** Gourmet grilled cheese** Vegan grilled cheese Tomato bisque Fries BBQ, Cajun, and Garlic and Herb Spices for Fries Lettuce, tomato, pickles, croutons, crackers, goldfish	Jumbo All Beef Hot Dogs Italian sausages Sloppy Joe <i>Gardein</i> Italian Sausage Fries BBQ, Cajun, and Garlic and Herb Spices for Fries Relish, sport peppers, diced onions, brown mustard, horseradish -- Hot dog buns, hoagie rolls	Hamburgers Turkey Burgers Fried Chicken Patties Scrambled Cage Free Eggs Western Tofu Scramble Biscuits/Sausage Gravy Tater Tots Lettuce, tomato, sliced onion, pickles, cheddar cheese -- Hamburger buns	Grilled Chicken BBQ Pork Fried Chicken Patties Scrambled Cage Free Eggs Western Tofu Scramble Biscuits/Sausage Gravy Tater Tots Lettuce, tomato, sliced onion, pickles, cheddar cheese -- Hamburger buns
	Roasted chicken Italian farro salad Caesar salad	Curry turkey salad Lemon and artichoke barley salad Greek marinated vegetables	Grilled chicken Cauliflower cous cous tabouleh Hummus	Tuna salad Macaroni salad Kale and apple salad	Buffalo chicken salad German potato salad Brussels sprout caesar	Grilled chicken Italian pasta salad Caesar salad	Grilled chicken Italian pasta salad Caesar salad
	GLUTEN FREE	GLUTEN FREE/VEGETARIAN	GLUTEN FREE/VEGAN	VEGAN	VEGETARIAN	CONTAINS DAIRY**	