

# Lunch Week 2



	Monday 7-Jan	Tuesday 8-Jan	Wednesday 9-Jan	Thursday 10-Jan	Friday 11-Jan	Saturday 12-Jan	Sunday 13-Jan
	Omelet station Variety of toppings and cheese  Fruit and yogurt bar Bagel bar including flavored cream cheeses Gluten free bagels available	Omelet station Variety of toppings and cheese  Fruit and yogurt bar Bagel bar including flavored cream cheeses Gluten free bagels available	Omelet station Variety of toppings and cheese  Fruit and yogurt bar Bagel bar including flavored cream cheeses Gluten free bagels available	Omelet station Variety of toppings and cheese  Fruit and yogurt bar Bagel bar including flavored cream cheeses Gluten free bagels available	Omelet station Variety of toppings and cheese  Fruit and yogurt bar Bagel bar including flavored cream cheeses Gluten free bagels available	Station closed	Omelet station Variety of toppings and cheese  Fruit and yogurt bar Bagel bar including flavored cream cheeses Gluten free bagels available
	<b>Mediterranean Bar</b> Gyros, Falafel, naan bread, lettuce, onions, olives, cucumbers, tomatoes, baba ganoush, roasted garlic hummus, tzatziki sauce, and crumbled feta cheese - Side of tabouli salad --vegetarian friendly	<b>Mac and Cheese Bar</b> BBQ pulled pork, Philly steak, or fried chicken with assorted toppings to include hot peppers and onions, bacon, scallions, peas, shredded monterey jack cheese, crispy onions, and more - Vegetarian friendly	<b>Poblano's burrito bar</b> Fajita chicken, crispy tofu, or carnitas with black beans, your choice of cilantro-lime rice or brown rice, and assorted toppings made into your choice of walking taco, 2 tacos, burrito, nachos, or burrito bowl - vegan and GF friendly	<b>Mediterranean Bar</b> Gyros, Falafel, naan bread, lettuce, onions, olives, cucumbers, tomatoes, baba ganoush, roasted garlic hummus, tzatziki sauce, and crumbled feta cheese - Side of tabouli salad --vegetarian friendly	<b>Mac and Cheese Bar</b> BBQ pulled pork, Philly steak, or fried chicken with assorted toppings to include hot peppers and onions, bacon, scallions, peas, shredded monterey jack cheese, crispy onions, and more - Vegetarian friendly	<b>Poblano's burrito bar</b> Shredded fajita chicken, crispy tofu, or carnitas with black beans, your choice of cilantro-lime rice or brown rice, and assorted toppings made into your choice of walking taco, 2 tacos, burrito, nachos, or burrito bowl - vegan and GF friendly	<b>Poblano's burrito bar</b> Shredded fajita chicken, crispy tofu, or carnitas with black beans, your choice of cilantro-lime rice or brown rice, and assorted toppings made into your choice of walking taco, 2 tacos, burrito, nachos, or burrito bowl - vegan and GF friendly
	<b>Potato crusted cod</b> <b>Eggplant and potato curry</b> Basmati rice Grilled zucchini Green beans with crispy shallots Chef's salad	<b>Chicken lo mein</b> <b>Vegetable and tofu lo mein</b> Vegetable egg rolls Asian style broccoli Roasted baby corn Caesar salad	<b>Country fried chicken and gravy</b> Lentil, cranberry, walnut loaf <b>Mashed potatoes</b> Sautéed green beans and garlic Roasted corn Chef's salad	<b>Shrimp po' boy</b> <b>Fried green tomato po' boy</b> Cajun waffle fries Sautéed spinach Spicy cauliflower Caesar salad	<b>Pressed Cuban sandwich</b> <b>Portabello Cuban sandwich</b> Saffron rice Cinnamon sugar maduros Yucca fries Chef's salad	Station closed	Station closed
	<b>Cheese pizza</b> Sausage pizza Marinara/linguini Hamburgers/Veggie burgers French fries	<b>Cheese pizza</b> Pepperoni pizza Marinara/linguini Hamburgers/Veggie burgers French fries	<b>Cheese pizza</b> Meatball and ricotta pizza Marinara/linguini Hamburgers/Veggie burgers French fries	<b>Cheese pizza</b> Meatball and ricotta pizza Marinara/linguini Hamburgers/Veggie burgers French fries	<b>Cheese pizza</b> Meatball and ricotta pizza Marinara/linguini Hamburgers/Veggie burgers French fries	<b>Cheese pizza</b> Pepperoni pizza Chef's Daily pasta Marinara sauce Penne pasta Veggie burgers Hamburgers Waffles/Scrambled eggs Biscuits and gravy Tater tots	<b>Cheese pizza</b> Pepperoni pizza Chef's Daily pasta Marinara sauce Penne pasta Veggie burgers Fried chicken Waffles/Scrambled eggs Biscuits and gravy Tater tots
						Station closed	Station closed
	Roasted chicken Italian farro salad Caesar salad	Curry turkey salad Lemon and artichoke barley salad Greek marinated vegetables	Grilled chicken Cauliflower cous cous tabouleh Hummus	Tuna salad Macaroni salad Kale and apple salad	Buffalo chicken salad German potato salad Brussels sprout caesar	Grilled chicken Italian pasta salad Caesar salad	Grilled chicken Italian pasta salad Caesar salad

GLUTEN FREE
GLUTEN FREE AND VEGAN
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VEGAN
VEGETARIAN