

# Lunch Week 5



|  | Monday<br>22-Oct  | Tuesday<br>23-Oct  | Wednesday<br>24-Oct   | Thursday<br>25-Oct   | Friday<br>26-Oct   | Saturday<br>27-Oct   | Sunday<br>28-Oct   |
|--|---|--|---|--|--|--|--|
|  | <b>Carved Beef Brisket \$7.49</b><br><br>Served with wedge potatoes, smoky barbecue sauce, corn and cabbage cole slaw, and crispy onions  | <b>Fajitas \$7.49</b><br><br>Fajita chicken or beef, with peppers, onions, crumbled cojita cheese, chipotle sauce, and salsa on flour tortillas -- <b>Vegetarian friendly station</b>  | <b>Tater Tot Bar \$7.49</b><br><br>Tater tots, shredded beef, beef gravy, cheese curds, tomatoes, olives, jalapenos, scallions, sour cream, and bacon   | <b>Pesto Pasta \$7.49</b><br><br>Linguini pasta tossed with garlic, mushrooms, grape tomatoes, red onions, kalamata olives, and basil pesto -- <b>Vegetarian friendly station</b>  | <b>Loaded Nachos \$7.49</b><br><br>Housemade tortilla chips, shredded chicken, black beans, jalapenos, sour cream, shredded cheese, chopped bacon, cheese sauce, cilantro, salsa, guacamole - <b>Vegan friendly station</b>                            | Station closed   | Omelet station<br><br>Variety of toppings and cheese<br><br>Fruit and yogurt bar<br><br>Bagel bar including flavored cream cheeses<br><br>Gluten free bagels available   |
|  | <b>Fusion's Asian Bar \$8.25</b><br><br>Teriyaki tofu, General Tso's chicken, or crispy sriracha shrimp, served with assorted toppings, white or brown rice, and an eggroll. Served with your choice of Sesame peanut cucumber salad or Asian cole slaw - Vegan and GF friendly | <b>Mac and Cheese Bar \$7.49</b><br><br>BBQ pulled pork, Philly steak, or fried chicken with assorted toppings to include hot peppers and onions, bacon, scallions, peas, shredded monterey jack cheese, crispy onions, and more - Vegetarian friendly | <b>Poblanos' Burrito Bar \$7.49</b><br><br>Fajita chicken, crispy tofu, or carnitas with black beans, your choice of cilantro-lime rice or brown rice, and assorted toppings made into your choice of walking taco, 2 tacos, burrito, nachos, or burrito bowl - vegan and GF friendly | <b>Mediterranean Bar \$8.25</b><br><br>Gyros, Falafel, naan bread, lettuce, onions, olives, cucumbers, tomatoes, baba ganoush, roasted garlic hummus, tzatziki sauce, and crumbled feta cheese - Side of tabouleh salad -- vegetarian friendly | <b>Mac and Cheese Bar \$7.49</b><br><br>BBQ pulled pork, Philly steak, or fried chicken with assorted toppings to include hot peppers and onions, bacon, scallions, peas, shredded monterey jack cheese, crispy onions, and more - Vegetarian friendly | <b>Poblanos' Burrito Bar \$7.49</b><br><br>Shredded fajita chicken, crispy tofu, or carnitas with black beans, your choice of cilantro-lime rice or brown rice, and assorted toppings made into your choice of 2 tacos, burrito, nachos, or burrito bowl - vegan and GF friendly | <b>Poblanos' Burrito Bar \$7.49</b><br><br>Shredded fajita chicken, crispy tofu, or carnitas with black beans, your choice of cilantro-lime rice or brown rice, and assorted toppings made into your choice of walking taco, 2 tacos, burrito, nachos, or burrito bowl - vegan and GF friendly |
|  | <b>Cheesy Chicken Casserole \$6.69</b><br><br>Vegetable stew<br>Onion rings<br>Grilled asparagus<br>Broccoli<br>Chef's salad  | <b>Virginia Baked Ham \$6.69</b><br><br>Vegetable torte<br>Creamed corn casserole<br><b>Scalloped Potatoes</b><br>Green beans<br>Caesar salad  | <b>Coconut Shrimp \$6.69</b><br><br>Curried eggplant<br>Basmati rice<br>Vegetable medley<br>Grilled baby carrots<br>Chef's salad  | <b>Chicken Tenders \$6.69</b><br><br>BBQ Tofu<br>Macaroni and cheese<br>Gr beans w/ caramelized onions<br>Broccoli and sun-dried tomatoes<br>Caesar salad  | <b>Tandoori Chicken \$6.69</b><br><br>Stuffed peppers<br>Roasted garlic potatoes<br>Roasted squash medley<br>Broccolini<br>Chef's salad  | Station closed   | Station closed   |
|  | Cheese pizza \$3.49<br>Pepperoni pizza \$3.49<br>Chef's Daily pasta \$6.69<br>Marinara sauce<br>Rotini pasta  | Cheese pizza \$3.49<br>Mushroom pizza \$3.49<br>Chef's Daily pasta \$6.69<br>Marinara sauce<br>Penne pasta   | Cheese pizza \$3.49<br>Sausage pizza \$3.49<br>Chef's Daily pasta \$6.69<br>Marinara sauce<br>Linguini pasta  | Cheese pizza \$3.49<br>Pepperoni pizza \$3.49<br>Chef's Daily pasta \$6.69<br>Marinara sauce<br>Bowtie pasta   | Cheese pizza \$3.49<br>Meatball and ricotta pizza \$3.49<br>Chef's Daily pasta \$6.69<br>Marinara sauce<br>Rotini pasta  | Cheese pizza \$3.49<br>Pepperoni pizza \$3.49<br>Chef's Daily pasta \$6.69<br>Marinara sauce<br>Penne pasta  | Cheese pizza \$3.49<br>Pepperoni pizza \$3.49<br>Chef's Daily pasta \$6.69<br>Marinara sauce<br>Penne pasta  |
|  | Hamburgers \$5.19<br>Turkey burgers \$5.19<br>Black bean burger \$4.99<br>Fried catfish \$5.19<br>Fries Sm \$2.59 Lg \$3.99   | Jumbo Ballpark hot dogs \$4.59<br>Italian sausage \$5.19<br>Chili Topping \$0.50 Bowl \$3.89<br>Cheese sauce Topping \$0.50<br>Fries Sm \$2.59 Lg \$3.99   | Grilled chicken \$5.19<br>Fried chicken patties \$5.19<br>BBQ ribs \$5.59<br>Veggie burgers \$4.99<br>Fries Sm \$2.59 Lg \$3.99   | Pulled pork \$4.99<br>Grilled cheese \$3.49<br>Buffalo chicken wings (5) \$5.19<br>Naked chicken wings (5) \$5.19<br>Fries Sm \$2.59 Lg \$3.99   | Hamburgers \$5.19<br>Fried chicken \$5.19<br>Pulled pork \$4.99<br>Vegan sloppy joe \$4.99<br>Fries Sm \$2.59 Lg \$3.99  | Veggie burgers \$4.99<br>Hamburgers \$5.19<br>Waffles/Scrambled eggs<br>Biscuits and gravy<br>Tater tots All 4 Items \$5.19  | Veggie burgers \$4.99<br>Fried chicken \$5.19<br>Waffles/Scrambled eggs<br>Biscuits and gravy<br>Tater tots All 4 Items \$5.19   |
|  | Vegan Chili Sm \$2.79 Lg \$3.89<br>Tortellini Soup Sm \$2.79 Lg \$3.89  | Black bean Sm \$2.79 Lg \$3.89<br>Chicken tortilla Sm \$2.79 Lg \$3.89   | Vegetable barley Sm \$2.79 Lg \$3.89<br>New England clam chowder Sm \$2.79 Lg \$3.89  | Vegan tomato bisque Sm \$2.79 Lg \$3.89<br>Broccoli cheddar Sm \$2.79 Lg \$3.89  | Butternut squash Sm \$2.79 Lg \$3.89<br>Mushroom cream Sm \$2.79 Lg \$3.89   | Station closed   | Station closed   |
|  | Roasted chicken<br>Italian farro salad<br>Caesar salad  | Curry turkey salad<br>Lemon and artichoke barley salad<br>Greek marinated vegetables   | Grilled chicken<br>Cauliflower cous cous tabouleh<br>Hummus   | Tuna salad<br>Macaroni salad<br>Kale and apple salad   | Buffalo chicken salad<br>German potato salad<br>Brussels sprout caesar   | Grilled chicken<br>Italian pasta salad<br>Caesar salad   | Grilled chicken<br>Italian pasta salad<br>Caesar salad   |

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| GLUTEN FREE | GLUTEN FREE AND VEGAN | GLUTEN FREE AND VEGETARIAN | VEGAN | VEGETARIAN |
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