

Lunch Week 3



	Monday 8-Oct	Tuesday 9-Oct	Wednesday 10-Oct	Thursday 11-Oct	Friday 12-Oct	Saturday 13-Oct	Sunday 14-Oct
	California Veggie Bowl \$7.49 Julienned carrots and snap peas, bean sprouts, cucumber, mango, raisins, and sweet chili sauce -- Served on a bed of vegetable rice and garbanzo beans -- Vegan and Gluten free friendly	Chicken Quesadilla \$7.49 Chicken, Pico de gallo, shredded cheese, and chipotle sauce; topped with sour cream, guacamole, and salsa verde --- Ranch chips -- Vegetarian friendly	Jin's Stir Fry Wednesday \$7.49 Snap peas, water chestnuts, mushrooms, carrots, bean sprouts, and garlic, with your choice of Chicken or Tofu -- Gluten free and vegan friendly station	Crepe Bar \$7.49 Nutella, nutella and banana, ham and cheese, sugar, sugar and lemon, butter and sugar -- 2 crepes per order	Hail Caesar Bar \$7.49 Crispy romaine, garlic croutons, parmesan cheese, and creamy caesar dressing with your choice of salmon or chicken -- Vegetarian and gf friendly	Station closed	Omelet station Variety of toppings and cheese Fruit and yogurt bar Bagel bar including flavored cream cheeses Gluten free bagels available
	Fusion's Asian Bar \$8.25 Teriyaki tofu, General Tso's chicken, or crispy sriracha shrimp, served with assorted toppings, white or brown rice, and an eggroll. Served with your choice of Sesame peanut cucumber salad or Asian cole slaw - Vegan and GF friendly	Mac and Cheese Bar \$7.49 BBQ pulled pork, Philly steak, or fried chicken with assorted toppings to include hot peppers and onions, bacon, scallions, peas, shredded monterey jack cheese, crispy onions, and more - Vegetarian friendly	Poblanos Burrito Bar \$7.49 Fajita chicken, crispy tofu, or carnitas with black beans, your choice of cilantro-lime rice or brown rice, and assorted toppings made into your choice of walking taco, 2 tacos, burrito, nachos, or burrito bowl - vegan and GF friendly	Mediterranean Bar \$8.25 Gyros, Falafel, naan bread, lettuce, onions, olives, cucumbers, tomatoes, baba ganoush, roasted garlic hummus, tzatziki sauce, and crumbled feta cheese - Side of tabouleh salad -- vegetarian friendly	Mac and Cheese Bar \$7.49 BBQ pulled pork, Philly steak, or fried chicken with assorted toppings to include hot peppers and onions, bacon, scallions, peas, shredded monterey jack cheese, crispy onions, and more - Vegetarian friendly	Poblanos Burrito Bar \$7.49 Shredded fajita chicken, crispy tofu, or carnitas with black beans, your choice of cilantro-lime rice or brown rice, and assorted toppings made into your choice of 2 tacos, burrito, nachos, or burrito bowl - vegan and GF friendly	Poblanos Burrito Bar \$7.49 Shredded fajita chicken, crispy tofu, or carnitas with black beans, your choice of cilantro-lime rice or brown rice, and assorted toppings made into your choice of walking taco, 2 tacos, burrito, nachos, or burrito bowl - vegan and GF friendly
	Potato/Cheddar Perogies Blackened tofu steaks Spanish rice Sautéed mushrooms Roasted garlic zucchini Chef's salad	Potato Crusted Pork Schnitzel \$6.69 Black-eyed pea and tomato stew Spatzle Sweet and Sour Red Cabbage Shaved Brussels sprouts w/ balsamic Caesar salad	Oven Roasted Turkey \$6.69 Quinoa stuffed acorn squash Mashed potatoes Garlic green beans Fingerling sweet potatoes Chef's salad	Chicken Tenders \$6.69 BBQ Tofu Macaroni and cheese Gr beans w/ carmelized onions Broccoli and sun-dried tomatoes Caesar salad	Cracker Crusted Haddock \$6.69 Garlic and herb seitan Steak fries Roasted broccoli w/ bacon/tomatoes Honey glazed carrots Chef's salad	Station closed	Station closed
	Cheese pizza \$3.49 Pepperoni pizza \$3.49 Chef's Daily pasta \$6.69 Marinara sauce Rotini pasta	Cheese pizza \$3.49 Mushroom pizza \$3.49 Chef's Daily pasta \$6.69 Marinara sauce Penne pasta	Cheese pizza \$3.49 Sausage pizza \$3.49 Chef's Daily pasta \$6.69 Marinara sauce Linguini pasta	Cheese pizza \$3.49 Pepperoni pizza \$3.49 Chef's Daily pasta \$6.69 Marinara sauce Bowtie pasta	Cheese pizza \$3.49 Meatball and ricotta pizza \$3.49 Chef's Daily pasta \$6.69 Marinara sauce Rotini pasta	Cheese pizza \$3.49 Pepperoni pizza \$3.49 Chef's Daily pasta \$6.69 Marinara sauce Penne pasta	Cheese pizza \$3.49 Pepperoni pizza \$3.49 Chef's Daily pasta \$6.69 Marinara sauce Penne pasta
	Hamburgers \$5.19 Turkey burgers \$5.19 Black bean burger \$4.99 Fried catfish \$5.19 Fries Sm \$2.59 Lg \$3.99	Jumbo Ballpark hot dogs \$4.49 Italian sausages \$5.19 Chili Topping \$0.50 Bowl \$3.89 Cheese sauce Topping \$0.50 Fries Sm \$2.59 Lg \$3.99	Grilled chicken \$5.19 Fried chicken patties \$5.19 BBQ ribs \$5.59 Veggie burgers \$4.99 Fries Sm \$2.59 Lg \$3.99	Pulled pork \$4.99 Grilled cheese \$3.49 Buffalo chicken wings (8) \$5.19 Naked chicken wings (8) \$5.19 Fries Sm \$2.59 Lg \$3.99	Hamburgers \$5.19 Fried chicken \$5.19 Pulled pork \$4.99 Vegan sloppy joe \$4.99 Fries Sm \$2.59 Lg \$3.99	Veggie burgers \$4.99 Hamburgers \$5.19 Waffles/Scrambled eggs Biscuits and gravy Tater tots All 4 Items \$5.19	Veggie burgers \$4.99 Fried chicken \$5.19 Waffles Biscuits and gravy Tater tots All 4 Items \$5.19
	Vegan Chili Sm \$2.79 Lg \$3.89 Tortellini Soup Sm \$2.79 Lg \$3.89	Black bean Sm \$2.79 Lg \$3.89 Chicken tortilla Sm \$2.79 Lg \$3.89	Vegetable barley Sm \$2.79 Lg \$3.89 New England clam chowder Sm \$2.79 Lg \$3.89	Vegan tomato bisque Sm \$2.79 Lg \$3.89 Broccoli cheddar Sm \$2.79 Lg \$3.89	Butternut squash Sm \$2.79 Lg \$3.89 Gumbo Sm \$2.79 Lg \$3.89	Station closed	Station closed
	Chicken, chickpea, artichoke Quinoa ginger salad Wedge salad	Egg salad Mediterranean grain salad Brussel Sprout Salad	Green goddess chicken salad Whole wheat pasta with edamame and beans Indian cucumber salad	Greek yogurt turkey salad Tri colored orzo salad Arugula and Butternut salad	Seafood salad Soba noodle salad Cobb salad	Grilled chicken Italian pasta salad Caesar salad	Grilled chicken Soba noodle salad Caesar salad

GLUTEN FREE
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VEGAN
VEGETARIAN